
THE CARMELITE NEWS

JUNE — JULY, 1974

WHITEFRIARS — FAVERSHAM — KENT

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THOUGHTS ON RENEWAL

1675-1975

The Holy Year of Renewal and Reconciliation that we are keeping at home this year, which will be celebrated in Rome next year, happens to coincide with the 3rd Centenary of the apparitions of the Sacred Heart to St. Margaret Mary Alacoque in Paray-le-Monial in France. St. Margaret Mary was a Visitation Nun and only 26 years of age when the Sacred Heart first appeared to her in December 1673. In this apparition, among other things, the Sacred Heart told St. Margaret Mary "My Divine Heart

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loves men so deeply that it can no longer contain the flames of its burning charity. It must pour them forth through you and manifest itself to them to enrich them with its precious treasures which contain all the graces they need for salvation." In the second apparition which took place in June 1674 among many things that he asked was "to receive Holy Communion on the First Friday of every month to make reparation for the ingratitude, coldness and rejection of so many people." The third appari-

tion was on 16th June, 1675 when he showed his heart to St. Margaret Mary and said to her "Here is that heart that so loved men that it spared itself nothing, to the point of exhausting and consuming itself to bear witness to its love. In exchange I receive from most people only ingratitude owing to their irreverence and sacrileges and the coldness and contempt they have for me in the Sacrament of my love, and what is more painful for me is that they are hearts consecrated to me."

Then He commanded her that a Special Feast should be established in honour of the Sacred Heart. He also wanted Holy Communion received on that Feast and atonement made. He promised that "His Heart will open and pour abundantly the riches of Its love on all those who pay it this honour or see that it is paid." To live the devotion to the Sacred Heart means living the forgiveness, the understanding, the charity and kindness to other people that He showed on earth. So we must try not only to overcome our sins and faults but renew ourselves entirely in our soul and reconcile ourselves with God and with our neighbours. To help us we have his promise that he will give us the graces and help necessary if only we ask him with confidence, "ask and you

shall receive", "knock and it shall be opened to you". Then with His help we make the effort necessary.

The task of christianising the world falls heavily on ordinary lay people. Pope Paul VI has said "the first duty of the layman is to show the world a christianity that can be loved and admired". Pope John said "every believer must be a spark of light, a centre of love, a verifying leaven in the midst of his fellowman". Pius XII "the consecration of the world is the work of laity". But we cannot give what we have not got so we must renew ourselves with the grace and love of God and reconcile ourselves with our neighbour so that each of us can, as the Second Vatican Council says, "stand before the world as a witness to the life and Resurrection of the Lord Jesus."

CHANGES AND MORE CHANGES

I was very pleased to see that so many of you enjoyed the 'conservative's lament' in the last News Letter. Of course it was an exaggeration but it did typify how many felt, and some still do feel, about all the changes that we have seen in the Church recently. These changes are difficult to accept in the beginning and they can be very upsetting. But, looking back now, it is surprising how we have come to accept them and surprising too that at the time we were so upset. I wonder do we ever stop to think how many changes Our Blessed Lady saw in her life-time in the worship of the Eternal Father and how she accepted them. If we try to see those things through her eyes it will make the acceptance easier for us. Mary saw many

changes but knew they came from the Will of her Divine Son and this is why she totally accepted them. All the changes we have seen (and I am told there are more to come) have been officially approved by the Church, which is enlightened by the Holy Spirit and guided by Christ. Therefore, they are good for us spiritually even though we may not be keen on them. Medicine is not always nice but it is good for us. Christ has said "I am with you all days until the end of the World." He is still with the Church guiding it and helping it. It is not the changes that the Church

STAMPS (unused)

Thank you for all the stamps you send. Our mailing costs increase all the time.

approves of that cause the difficulty but the way some people look at them because they are new AND the way they are implemented.

CONSECRATION

We have Our Lady of the Brown Scapular of Carmel to help us. We who have been enrolled in the Holy Scapular know that we have her 'special love', as Pope Pius XII said, to help and protect us every day of our lives, to put up with difficulties, and accept things that we don't like. She is always at hand, like a good mother, waiting and wanting to help us if only we would ask her and let her help us in her motherly way. She wrapped her Divine Infant in swaddling clothes at his birth, clothed and cared for Him during his early

days; looked after His needs during manhood and after His death wrapped him in the shroud before placing His Sacred Body in the tomb. That same tender Mother has clothed us with her own special Scapular of Carmel to show her love for us and to remind us that she will take care of us. Every morning when we are getting up and see our Brown Scapular we

"can truly be considered ecclesial". I am sure you will all join in the Novena for that great Feast.

NEVER ASK

His mother told Johnny to go down the street and find out how old Mrs. Smith was.

Johnny came back and said: "She says it's none of your business how old she is."

ROASTING MUSHROOMS

Early in April I was down in Sussex. I could not help but be struck by the number of young lambs I saw frisking around in the sunshine. Immediately it came to my mind that it should be a great area for mushrooms later in the year. For me the ones grown in the open air are much more tasty than those forced in the dark. As a boy I was very fond of roasting them on the open fire—I still am! You placed them 'upside-down', with the stem up, on a small piece of burning peat or on the hot embers of a wood fire. Then a pinch of salt, according to the taste, in the 'cup' of the mushroom around the stem. When the salt had melted and the cup was full of juice it was ready for eating. That was simple enough to do. When it was cooked you lifted it by the stem and peeled off the skin of the mushroom without spilling any of the juice—that's the part that took the expertise and a lot of practise. Although the morsel might not be very large you were more than compensated by the delicious and mouth watering flavour. I never tried cooking them on a coal or electric fire so I don't know how they would turn out.

PILGRIMAGES

LOURDES 1974

14th—21st JUNE

By Air. £56 approx.

ROME 1975

3rd—10th MAY. By Air

6th—13th SEPT. By Air

(Staying at Carmelite House)

Further details from:

ST. CHRISTOPHERS TOURS

Key House, Horton Road,
West Drayton, Middx.

should put the whole day and its work and problems into her hands. If things get difficult then we turn to her again, in simple words, and we need never doubt but she will assist us. When going to bed at night we kiss the scapular and thank her for help during the day and ask her to give us a good night's rest to be ready for the next day's labour and trials. The Brown Scapular should remind us of this every day. This is the best way of living out our consecration to Mary in our daily lives. We will have her feast on 16th July—a feast which Pope Paul VI in his recent letter on Our Lady said

All your intentions will be remembered in the Novena of Masses for the Feast of the Sacred Heart. A special intention will be that we will all be renewed spiritually and reconciled with God and Man.

Our Lady Keep You!

Yours in Carmel,

*A. A. Brennan
O.Carm*

INVOCATIONS FOR THE SICK

Heart of Jesus, who hast borne all our griefs, strengthen me.

Heart of Jesus, ever touched by the sight of those who are sick, pity me.

Heart of Jesus, who has weighted this suffering before sending it to me, help me.

Heart of Jesus, beautiful in Thy sorrow, teach me to become holy by means of this affliction.

Heart of Jesus, touched with compassion at the widow's tears, have pity on me.

Heart of Jesus, whose sorrows were ever before Thee, teach me to unite my pains to Thine.

Heart of Jesus, agonised in the Garden of Gethsemane, strengthen me in the sorrows of my life.

Heart of Jesus, broken with anguish and pain on the cross, draw me to Thyself in my affliction, and make me faithful to Thee till death.

AN ACT OF TRUST IN THE SACRED HEART

*O Heart of Jesus I trust in Thee,
Although each joy of life may flee,
Though darkness come, no light is found,*

And bonds of fear my soul have bound,

*So when throbs pain or sorrow deep,
When heart weary knows not sleep,
My Lord, my life, I cling to Thee,
O, Heart of Jesus I trust in Thee.*

Amen.

THANKS

To the Holy Child of Prague, the Blessed Virgin Mary and St. Jude for many favours and one special one since Christmas: M.D., Cricklewood.—To the Sacred Heart and St. Jude for a house in a peaceful area, wonderful favour: M.McG., Co. Derry.—To the Holy Child and St. Anthony for wonderful answers to prayer especially through the 'One day' Novena: M.M.E., London W.2.—To St. Jude for wonderful favour granted on 5th day of Novena: G.D., Ireland.—To the Sacred Heart and St. Jude for many favours received during my life and especially for recovery of husband, and success of daughter: Mrs. C., Greenock.—To the Sacred Heart, Our Lady of Knock, St. Jude and St. Anthony for numerous favours: A Sincere Client in Galway.—To the Holy Child, St. Jude and the Little Flower for great favours received: Unworthy, Brentford.—Thanks to St. Jude: C.E.Q., Plymouth.—To St. Jude for great favour received for my husband: N.F.K., Donegal.—To St. Jude and St. Ann for recovery from bad pain in hip: B.T.F., Co. Sligo.—My thanks to St. Jude: B.K., Stockport.—Special thanksgiving to St. Jude for recent great help: M. O'B., Co. Wexford.—For letter from my daughter, given up for dead: J.J.C., Malta.—To the Sacred Heart, Our Lady, St. Jude and St. Theresa, for success of operation for a friend: H.C., Co. Cork.—To St. Jude and Sister Benedicta for suitable job: B.F., Co. Roscommon.—To Sister Benedicta for very suitable job for my son: Mrs. C.M., Co. Antrim.

DON'T FORGET

Our coming Novenas in honour of
THE SACRED HEART
June 13th-21st.

OUR LADY OF MOUNT CARMEL
July 8th-16th.

ST. JUDE, APOSTLE
August 16th-24th.
